2012

East Central

Football Team Camp

Coaches,

We are excited about having your team participate in the 2012 East Central Football Team Camp. The date for our camp will be Friday, June 15 and Saturday, June 16. This is a great opportunity for your team to compete against some of the top football teams in Missouri. This letter will provide a detailed list of what our football camp will include. This is the 7th year that we have hosted our team camp. We continue to try and make this the best experience for you and your team. We listened to your ideas, visited with others who host camp and feel that this year will be our best ever. Any changes that will take place for camp this year are underlined in this letter. Please read it carefully and let me know if you have any questions.

Games
Each team will play 3 games each evening. Friday's games will be a situational type scrimmage and Saturday's games will remain the normal jamboree style scrimmage with 2 "running clock" halves.

Officials
We are fortunate to have MSHSAA officials for our team camp. There will be an entire crew for each game and it will be officiated like a jamboree. Dale and I will be meeting with the officials to let them know how the camp schedule will go. Please follow the format that we set. The officials will be working hard prior to camp to make sure that they are on the same page as us and this cannot be compromised by coaches wanting to do their "own thing."

Trainer
There will be a certified athletic trainer from Pro Rehab at each field. These trainers are here to provide care in case of injury.

Insurance
Each of your players will be insured from the time that our team camp starts until the end of our team camp. Our insurance policy covers serves as a supplemental policy to their own insurance. Nationwide Life Insurance Company/Special Risk Office from Columbus, Ohio provides insurance for the East Central Football Camp. Please contact Dale Gildehaus with any questions about our policy.

Meals
Each player and coach will be served a meal after the games are completed each evening. We are proud to serve food from McDonald's. Each player will receive (2) McDonald's burgers, a bag of chips and a bottle of water with their meal. We are excited that our McDonald's rep has helped us to secure locations at all sites this year so food will be served rain or shine.

Shirts
Each player and coach will receive a camp shirt.

Schedule (rain or shine)
This year we are expanding the locations for our camp. Your schedule will be the same, rain or shine. This was a concern from some teams last year so we have made revisions and reserved more fields so that locations do not change from the regular schedule and the rain schedule.

Schedule
Each team will play 3 games each night.

Friday Night Situations (changed format – please read)

(7) 1st Down Situations: If the offense picks up 4-yards then they win this play. If the defense stops the offense short of a 4-yard gain, they win this play.

Change Sides

(7) 3rd Down Situations: If the offense picks up the 1st down then they win this play. If the defense stops the offense short of the 1st down, they win this play.

Change Sides

Drive: Each side will end the session with a drive from the 40-yard line. Each team will get 4 downs to get a 1st down and move the chains. There will be no kicking during this scrimmage.

Change Sides

Saturday Night Live
There will be 2, 15-minute halves (running clock). There will be a 5-minute break between each half. The team that starts the first half on offense will start on defense to begin the second half. There are no timeouts and play is over after the 15-minute time period has expired.

JV Scrimmages
After each of the varsity scrimmages each night, your JV team will have the opportunity to compete against the JV team that your varsity team just played. We ask that the assistant coaches from each team referee this game. This will give our officials a time to rest between each scrimmage. Each JV scrimmage should consist of 8 plays on offense and 8 plays on defense. After each team has completed the 8 plays, you should rotate every 4 plays until time expires.

Scrimmage Rules
Coaches should talk before each scrimmage to determine if the quarterback is live. There will be **no** blitzing unless **both** coaches agree to do so prior to each scrimmage. The goal of this camp is to improve as a team and stay injury free!

What we need from you ☺

- $30 per player participating. **Please pay in one payment check or cash.**
- Please have your players pay you (or the school) and pay us with one check from your school or football (booster) account.
- We would prefer that your payment be received by Friday, May 25th. I know that some of you cannot do this. Please let me know and we will make arrangements for payment on the first day of the camp.
- **Checks can be made out to East Central Football Camp.** Please DO NOT make the check to West High. This causes major problems.
- The goal is to have all numbers turned in **by Friday, May 25th!** There are lots of things that need to be ordered that depend on numbers. Your cooperation is greatly appreciated! .

  Mail all information to: Parkway West High School
  Atten: Jeff Duncan
  14653 Clayton Road
  Ballwin, MO 63011

- If you have any questions, please do not hesitate to call!

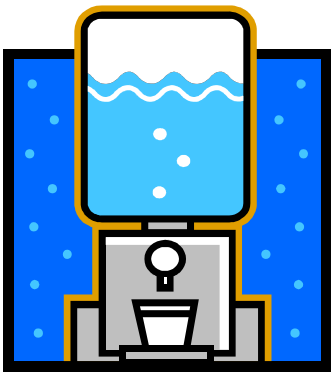
Thank you,

Jeff Duncan
Head Football Coach
Parkway West High School
(636) 667-1394
jduncan@parkwayschools.net

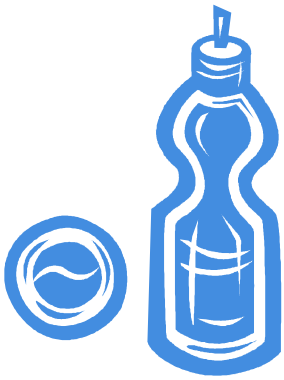
Dale Gildehaus
Head Football Coach
Borgia High School
(314) 606-5673
gildehaus@ic.archstl.com

PLEASE BRING WATER

(JUST AS YOU WOULD TRAVEL TO AN AWAY FOOTBALL GAME)



COOLERS



BOTTLES

WE WILL HAVE WATER HOSES TO HELP FILL WATER COOLERS, BOTTLES & WATER COWS EACH EVENING.

PLEASE DO YOUR PART KEEPING YOUR TEAM HYDRATED THROUGHOUT EACH DAY OF CAMP.

2012 East Central Football Team Camp

Team Schedules

EC Team Camp

Friday Situational Script

vs. _____

DOWN	DIST	HASH	YARD	PLAY CALL	WIN / LOSE
1	4	M	35		
1	4	R	35		
1	4	M	35		
1	4	L	35		
1	4	M	35		
1	4	R	35		
1	4	M	35		

SWITCH OFFENSE TO DEFENSE

DOWN	DIST	HASH	YARD	PLAY CALL	WIN / LOSE
3	10	M	35		
3	8	L	35		
3	6	M	35		
3	4	R	35		
3	7	M	35		
3	5	L	35		
3	3	M	35		

SWITCH OFFENSE TO DEFENSE

DRIVE: DRIVE ENDS ON OFFENSIVE SCORE, TURNOVER OR TURNOVER ON DOWNS.

DRIVE SCRIPT	PLAY CALL	NOTES
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

FRIDAY, JUNE 15, 2012

Parkway West Round 1		
Time	Field 1	Field 2
3:00	Parkway West	Zumwalt West
	Waynesville	Jackson
3:50	Parkway West	Waynesville
	Zumwalt West	Jackson
4:40	Parkway West	Waynesville
	Jackson	Zumwalt West

Fort Zumwalt East Round 1		
Time	Field 1	Field 2
3:00	Howell Central	Hazelwood Central
	Timberland	Pattonville
3:50	Howell Central	Hazelwood Central
	Pattonville	Timberland
4:40	Howell Central	Timberland
	Hazelwood Central	Pattonville

Parkway West Round 2		
Time	Field 1	Field 2
5:30	Parkway South	CBC
	Ritenour	Webster Groves
6:20	Parkway South	Ritenour
	CBC	Webster Groves
7:10	Parkway South	Ritenour
	Webster Groves	CBC

Fort Zumwalt East Round 2		
Time	Field 1	Field 2
5:30	Zumwalt East	Marquette
	Zumwalt South	Kirkwood
6:20	Zumwalt East	Marquette
	Kirkwood	Zumwalt South
7:10	Zumwalt East	Kirkwood
	Marquette	Zumwalt South

Borgia Round 1		
Time	Field 1	Field 2
3:00	Washington	Gateway
	Owensville	Orchard Farm
3:50	Washington	Owensville
	Orchard Farm	Gateway
4:40	Washington	Orchard Farm
	Gateway	Owensville

St. Clair Round 1		
Time	Field 1	Field 2
3:00	St. Clair	MS Berkeley
	St. Mary	St. James
3:50	St. Clair	MS Berkeley
	St. James	St. Mary
4:40	St. Clair	St. Mary
	MS Berkeley	St. James

Borgia Round 2		
Time	Field 1	Field 2
5:30	Borgia	Trinity
	Lutheran North	Pacific
6:20	Borgia	Trinity
	Pacific	Lutheran North
7:10	Borgia	Lutheran North
	Trinity	Pacific

St. Clair Round 2		
Time	Field 1	Field 2
5:30	Union	Salem
	Clopton	Christian
6:20	Union	Salem
	Christian	Clopton
7:10	Union	Christian
	Salem	Clopton

SATURDAY, JUNE 16, 2012

Parkway West Round 1		
Time	Field 1	Field 2
3:00	Webster Groves	Pattonville
	Waynesville	Marquette
3:50	Webster Groves	Pattonville
	Marquette	Waynesville
4:40	Webster Groves	Waynesville
	Pattonville	Marquette

Fort Zumwalt West Round 1		
Time	Field 1	Field 2
3:00	Jackson	Zumwalt East
	Timberland	Ritenour
3:50	Jackson	Ritenour
	Zumwalt East	Timberland
4:40	Jackson	Timberland
	Ritenour	Zumwalt East

Parkway West Round 2		
Time	Field 1	Field 2
5:30	Parkway West	Zumwalt South
	Howell Centrall	Parkway South
6:20	Parkway West	Parkway South
	Zumwalt South	Howell Central
7:10	Parkway West	Howell Central
	Parkway South	Zumwalt South

Fort Zumwalt West Round 2		
Time	Field 1	Field 2
5:30	Zumwalt West	Hazelwood Central
	Kirkwood	CBC
6:20	Zumwalt West	Hazelwood Central
	CBC	Kirkwood
7:10	Zumwalt West	Kirkwood
	Hazelwood Central	CBC

Borgia Round 1		
Time	Field 1	Field 2
3:00	Owensville	Pacific
	St. Mary	Salem
3:50	Owensville	Pacific
	Salem	St. Mary
4:40	Owensville	St. Mary
	Pacific	Salem

St. Clair Round 1		
Time	Field 1	Field 2
3:00	St. Clair	Gateway
	Christian	Lutheran North
3:50	St. Clair	Gateway
	Lutheran North	Christian
4:40	St. Clair	Christian
	Gateway	Lutheran North

Borgia Round 2		
Time	Field 1	Field 2
5:30	Borgia	Washington
	MS Berkeley	Union
6:20	Borgia	Washington
	Union	MS Berkeley
7:10	Borgia	MS Berkeley
	Washington	Union

St. Clair Round 2		
Time	Field 1	Field 2
5:30	St. James	Clopton
	Orchard Farm	Trinity
6:20	St. James	Trinity
	Clopton	Orchard Farm
7:10	St. James	Orchard Farm
	Trinity	Clopton

Saturday, June 16 9th Grade Schedule
Defense stays for 8 plays as each offense alternates running 4 plays. Rotate after 8 plays until session ends.

Parkway West High School

Time	Field 1	Field 2
9:00	P West, CBC, Zumwalt East	Waynesville, P South, Howell Central
9:40	P West, Howell Central, Waynesville	P South, CBC, Zumwalt East
10:20	P West, P South, Howell Central	CBC, Zumwalt East, Waynesville
11:00	LUNCH	

Saturday, June 16 9th Grade Schedule
8 plays offense & 8 plays defense (continue until time ends)

Borgia High School

Time	Field 1		Field 2	
9:00	Washington	Sullivan	Borgia	St. Clair
9:40	Washington	St. Clair	Borgia	Sullivan
10:20	Sullivan	St. Clair	Borgia	Washington
11:00	LUNCH	LUNCH	LUNCH	LUNCH

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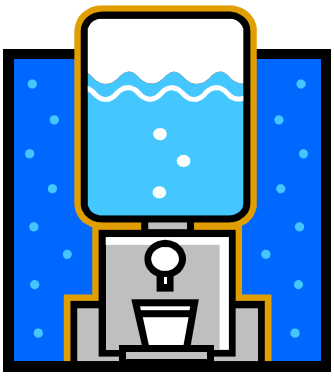

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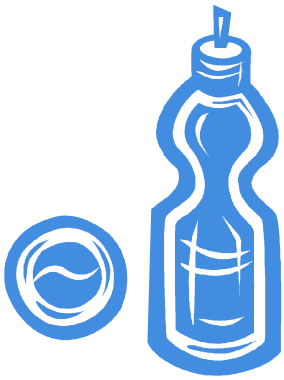

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