

Track Update 3-2-2012

Information for Saturday - Athletes need to report to Mount Zion by 8:00 am. We will have two buses go; one early and one late. The earlier bus will leave right at 8:15 am. The second bus will leave at 10:00 am to accommodate the Saturday school participants. Sandwiches and snacks will be provided by the school but students can purchase additional snacks from the concession stand at the meet if they wish. We just ask that they do not eat anything real heavy close to their schedule race. Parents are also welcome to transport their children to the meet. We just ask that the athletes arrive 30 minutes prior to their race.

Location: Lamar County-Trojan Stadium
101 Victory Lane
Barnesville, Georgia

Track Fee update – With the exception of a just a few most athletes have received their track package. Many of the athletes have completely covered their track fee for this year. However there are several that have not. If the students participated in the World's finest Chocolate fundraiser they earned 25.00 dollars per box towards their fee. The total track fee is 100. If your child is not completely paid in full we ask that by 3-12 each athlete pay at least 25 dollars towards the fee.

Athletic Website – Please stay in the know by visiting our athletic website. The main site is www.ihigh.com/mtzionbulldogs . We have a spring site that has stats, schedule, etc for track. Please check it after each meet to see how you child has improved and how they stand in the region. The link for this site is <http://www.ihigh.com/school31589/> ; you can also access this page from the main site on the left sidebar link. Please register with each site and so that I can email updates as they come available.

What happens if it rains? – Unfortunately the spring weather is unpredictable. We will go to the meet tomorrow even if it is raining when we leave. The track surface is an all weather track and the meet can be held in the rain. However if there is lightning registered on the lightning detector anywhere near the site the meet will be suspended and students will take shelter according to the GHSA guidelines.

Contact – Charles Battles 678-591-1416, Any questions or concerns call or text me. I answer the texts faster than the messages.

9:40 am First Session

Boys Shot Put
Girls Discus
Boys Long Jump
Girls Triple Jump
Boys Pole Vault
Girls High Jump

9:45 am-3200 meter run

10:20 am Second Session

Boys Discus
Girls Shot Put
Boys Triple Jump
Girls Long Jump
Boys High Jump
Girls Pole Vault

11:00 am Running Events (Heats=Girls then Boys)

	4x100 relay
11:20	1600 meter run
11:45	400 meter
12:05	100 meter
12:20	100/110 Hurdles
12:40	800 meter
1:00	200 meter
1:20	300 Hurdles
1:40	4x100 relay (Fun Run)
2:00	4x400 relay