2011-12 Cary High Athletics Winter Schedule

Principal: Doug Thilman
Administrator to Athletics: Steve Hayes
Athletic Director: Michael Dunphy
Head Athletic Trainer: Eric Hall LAT, ATC
Assistant Athletic Trainer: Melissa Denoo LAT, ATC

Wrestling

Nov.	12	@ N. Davidson (scrimmage)	TBA
	23	@ Hoke Duals	All Day
	30	@ Apex	6:00 7:00
Dec.	2-3	@ Orange Tournament	All Day
	7	@ Fuquay-Varina	6:00 7:00
	10	@ Salisbury Tournament	All Day
	14	@ Middle Creek	6:00 7:00
	17	@ DH Conley Duals	TBA
	19	Holly Springs & Lee Co. Tri-Meet	6:00 7:00
	22-23	Mark Adams Memorial	All Day
	29-30	Tournament-TBA	All Day
Jan.	7	West Stanly Duals	All Day
	9 or 11	@ Panther Creek	6:00 7:00
	14	@ Bone Yard Bash	All Day
	21	Cary Duals	All Day
	25	Green Hope (Sr. Match)	6:00 7:00
	28	@ Louisburg Duals	All Day
Feb.	1	@ Athens	6:00 7:00
	4	Tri-Nine Conference Tourn. @ Middle Creek	All Day
	7, 9, 11	NCHSAA State Dual Tourn.	TBA
	17-18	NCHSAA Mideast Region	TBA
	23-25	NCHSAA State Tournament @ Greensboro, N.C.	10:00am

Head Coach: Taylor Cummings (2) tcummings@wcpss.net
Assistant Coach: Jerry Winterton (30) gwinterton@wcpss.net

Gymnastics

Dec.	9	@ Raleigh School of Gym.	7:30
	16	@ Artistic Gymnastics	7:30
Jan.	6	@ Raleigh School of Gym.	7:30
	13	@ Superior Gymnastics	7:30
	21	Tri-Nine Conference Meet @ Team Attraction Gym.	TBA
	28	State Meet @ Raleigh School of Gymnastics	TBA

Head Coach: Cindy Cotton (5) cindy@teamattractiongymnastics.com

Cheerleading

Nov. 12	NCHSAA @ Raleigh Conv.	All Day
Dec. 8	Tri-Nine @ Middle Creek	7:00
Jan. 28	WCPSS @ Holly Springs	All Day

Head Coach: Anna Groblewski (1); aegroble@ncsu.edu
JV Coach: Amanda Baldwin (1); cherfourlife@hotmail.com

Men's Basketball

			JV	VAR
Nov.	12	@ Green Hope Jamboree		11am
	22	@ Sanderson	5:30	7:00
	29	Holly Springs	5:30	7:00
	30	Cardinal Gibbons	5:30	7:00
Dec.	2	@ Apex	5:30	7:00
	5	@ Garner		7:30
		Garner	7:30	
	6	Fuquay-Varina	5:30	7:00
	9	@ Middle Creek	5:30	7:00
	13	@ Lee	5:30	7:00
	14	Broughton (Endowment)		7:00
	19	@ Panther Creek	5:30	7:00
	27-29	@ Lee Co. Tournament		TBA
Jan.	3	Green Hope	5:30	7:00
	6	@ Athens	5:30	7:00
	10	@ Holly Springs	5:30	7:00
	13	Apex	5:30	7:00
	20	@ Fuquay-Varina	5:30	7:00
	24	Middle Creek	5:30	7:00
	27	Lee	5:30	7:00
Feb.	3	Panther Creek	5:30	7:00
	7	@ Green Hope	5:30	7:00
	10	Athens (Sr. Night)	5:30	7:00
	14-17	Tri-Nine Conf. Tournament		TBA

Head Coach: Allan Gustafson (14) agustafson@wcpss.net
JV Coach: Patrick Stone (1); pstone@wcpss.net

Read about the Cary Imps on the Internet at:
caryhighimps.ihigh.com

Women's Basketball

			JV	VAR
Nov.	19	@ E. Davidson Jam.		TBA
	22	Sanderson	5:30	7:00
	29	@ Holly Springs	5:30	7:00
	30	@Cardinal Gibbons	6:00	7:30
Dec.	2	Apex	5:30	7:00
	5	@ Garner		6:00
		Garner	6:00	
	6	@ Fuquay-Varina	5:30	7:00
	9	Middle Creek	5:30	7:00
	13	Lee	5:30	7:00
	14	Broughton (Endowment)		5:30
	20	Panther Creek	5:30	7:00
	27-28	Glaxo. Tournament @ Cary Academy		TBA
Jan.	3	@ Green Hope	5:30	7:00
	6	Athens	5:30	7:00
	10	Holly Springs	5:30	7:00
	13	@ Apex	5:30	7:00
	20	Fuquay-Varina	5:30	7:00
	24	@ Middle Creek	5:30	7:00
	27	@ Lee	5:30	7:00
Feb.	3	@ Panther Creek	5:30	7:00
	7	Green Hope (Senior Night)	5:30	7:00
	10	@ Athens	5:30	7:00
	14-17	Tri-Nine Conf. Tournament		TBA

Head Coach: Donald Kent (5) dkent@wcpss.net
JV Coach: Neill Tapp (5) neill.tapp@townofcary.org

Swimming and Diving

Dec.	1	@ NCSU (Her., Brou., MC)	6:00
	2	Diving @ NC State	5:30
	6	@ TAC (PC, Mill, Sand)	7:00
	15	@ TAC (AD, Brou, Wakefld)	7:00
	16	Diving @ NC State	5:30
Jan.	3	@ NCSU (GH, Lee)	6:00
	6	Diving @ NC State	5:30
	10	@ Campbell (HS, Apex)	5:00
	20	Diving Tri-Nine Conf. Champ. @ NC State	4:30
	21	Tri-Nine Conf. Champ. @ TAC	12:00
Feb.	3,4	NCHSAA East Regionals @ TAC (swimming & diving)	TBA
	10-12	NCHSAA State Championship @ TAC (swimming & diving)	TBA

Swimming: Erin Stevens (9) estevens@wcpss.net
Diving: Richard Wesendunk (2) rwesendunk@wcpss.net