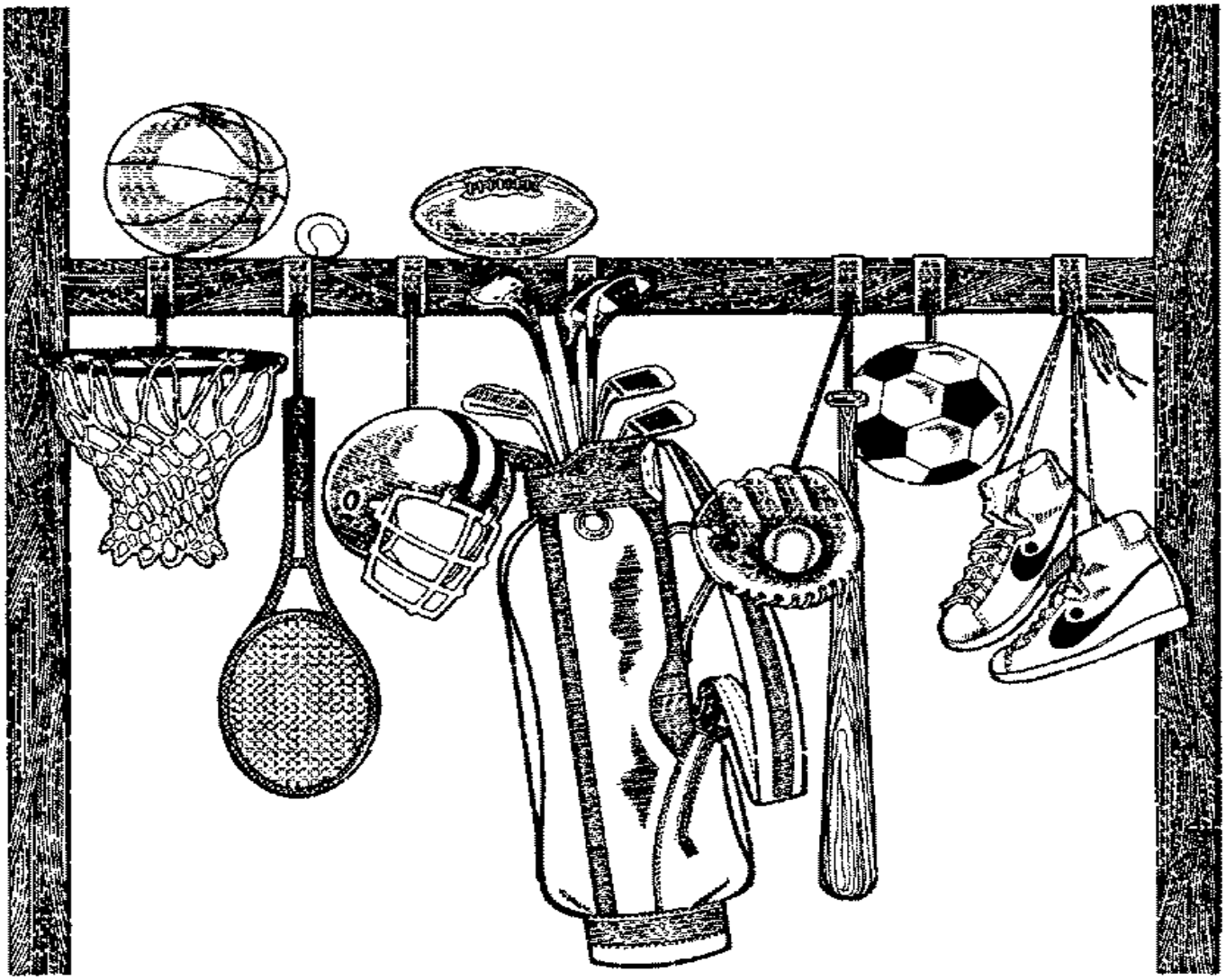

Southeastern Conference

Constitution and By-Laws

Fall 2011

Southeastern Conference Constitution

Preamble

This constitution is established by the member schools to facilitate inter-scholastic competition, promote a sound program of educational and extra-curricular activities and encourage ethical behavior among participants and spectators.

Article I

Name

The organization governed under this constitution shall be known as the Southeastern Conference.

Article II

Membership

Section 1 - Charter Membership

This Conference originally consisted of these high schools: Chelsea, Dexter, Dundee, Lincoln, Milan, Novi, Saline and South Lyon.

Section 2 - Current Membership

2.1 The conference consists of these high schools: Adrian, Bedford*, Chelsea, Dexter, Huron*, Lincoln*, Monroe, Pioneer*, Saline, Skyline*, Tecumseh and Ypsilanti.
(Temperance-Bedford, Ann Arbor-Huron, Ypsilanti-Lincoln, Ann Arbor-Pioneer and Ann Arbor-Skyline) (Amended November 19, 2008*)

2.2 The conference will be divided into two divisions with a minimum of four schools in each division and a maximum of six schools in each division.
(Amended November 19, 2008)

2.3 The divisions will be called the "Red" division and the "White" division with members assigned as follows: *(Amended November 19, 2008*)

"Red Division"	***"White Division"***
Bedford	Adrian
Huron	Chelsea
Monroe	Dexter
Pioneer	Lincoln
Saline	Tecumseh
Skyline	Ypsilanti

2.4 Any change in the alignment of the divisions will require approval by a two-thirds (2/3) majority vote of each division. Voting eligibility pursuant to Sections 4.3 of this Article.
(Amended March 17, 1999)

Section 3 - New Members

3.1 Application for membership in this Conference shall be made in writing to the Conference president.

3.2 Admittance will require approval by a vote of the Board of Directors. The required vote for acceptance will be by a two-thirds (2/3) majority of member schools eligible to vote. (Amended June 23, 1998) Divisional assignment of schools added to the conference will be pursuant to Article II, Section 2, item 2.4. *(Amended March 17, 1999)*

Section 4 - Withdrawal

4.1 A member school's decision to withdraw must be submitted in writing to the Board of Directors by April 1st of the year preceding the school's last year in the Conference. *(Amended September 16, 1998)*

4.2 Readmission shall be the same procedure as governs the admittance of new members.

4.3 After notification of withdrawal has been accepted, the school shall have no further vote. *(Amended February 16, 2005)*

Section 5 - Removal

5.1 A school may be dropped from this Conference by a vote of its member schools. The required vote will be the same as Article II - Section Item 3.2.

5.2 After a school has been removed, the school shall have no further vote. *(Amended February 16, 2005)*

Section 6 - Affiliation

All Conference schools shall hold membership in and comply with the regulations of the *Michigan High School Athletic Association.*

Article III

Governmental Procedures

Section 1 - Governing Body

The control of this Conference will be vested in the Board of Directors of the member schools.

1.1 The Board of Directors will consist of the Principals of the member schools.

Section 2 - Quorum

A quorum shall be a simple majority of the Board of Directors.

Section 3 - Voting

Votes shall be one (1) per school.

3.1 All official Conference decisions shall, unless otherwise stated in the constitution, be by majority vote of the Board of Directors present and voting.

3.2 Delegation of votes shall be restricted to member(s) of the voting school administrative staff. Each member school shall identify, as of the September meeting, eligible staff empowered to vote in the principal's absence.

3.3 After a school has been admitted to the Conference, they will have voting privileges beginning the year prior to their full membership on all matters that will affect the league at the time of their becoming full members. *(Amended January 19, 2000)*

Section 4 - Administrative Officers

4.1 Officers - There shall be a president and president-elect. *(Amended February 16, 2005)*

4.2 The president-elect - Will assume the office of president the next school year.

4.3 Each May the Board of Directors will select the president-elect who will serve in that capacity the following school year. The president and president-elect will be from opposite divisions. *(Amended January 17, 2007)*

4.4 Term - Officers shall serve a term of one (1) year in each office.

4.5 Newly-elected officers shall assume duties prescribed in the by-laws of the constitution. *(See Article III - Section 3 or by-laws). (Amended April 23, 1980)*

Article IV

Powers

Section 1 - Board of Directors

The Board of Directors shall have the power to:

1.1 Adopt, modify or repeal any by-laws, subject to the restrictions of this constitution and Michigan law.

1.2 Prepare and adopt budgets.

1.3 Levy and collect dues.

1.4 Designate a depository of Conference funds.

1.5 Approve payment of bills.

1.6 Approve schedules of all Conference activities.

1.7 Establish a system of scoring for the determination of Conference final standings and awards. *(Amended February 16, 2005)*

1.8 Designate Conference championships.

1.9 Secure and present awards and trophies.

1.10 Admit new Conference members.

1.11 Introduce and approve new Conference sports and activities. *(Amended February 16, 2005)*

1.12 Designate powers to the SEC athletic director's. *(Amended March 17, 1993)*

1.13 Require the presence of a quorum before any meeting be declared official.

1.14 Establish general rules and regulations for the conduct of Conference events.

1.15 Establish such rules and regulations as deemed necessary and proper to carry out the foregoing powers.

1.16 Appoint a Conference Recorder. *(Amended January 17, 2007)*

Article V
Meetings

Section 1 - Conference Meetings

Conference meetings shall be called at the discretion of the Conference president, however, at least one meeting per month will be held during the school year.

1.1 There shall be coaches' meetings at the beginning of a season when needed and asked for by member schools *(in the specific sport). (March 17, 1993)*

1.2 Each school shall be responsible for keeping track of regular meeting dates, however, the president shall notify each school at least ten (10) days in advance of the time and place of any special meeting. *(Amended December 14, 2005)*

1.3 Special meetings of the Board of Directors may be called at the discretion of the president. *(Amended December 14, 2005)*

1.4 Athletic directors will meet monthly on a date just prior to the Board of Directors meeting.

Article VI
Amendments

Section 1

This constitution may be amended by a vote of the Board of Directors.

1.1 The required vote for amendment will be the same as Article II - Section 3, Item 3.2.

1.2 Proposed amendments shall be submitted to the Board of Directors at a regularly-scheduled meeting and will not be considered until the next regularly-scheduled meeting. *(Amended March 17, 1993)*

Section 2

The Constitution of the Southeastern Conference is to be reviewed and evaluated annually by the Board of Directors. *(Amended February 16, 2005)*

Article VII
Fees

Section 1

Each school of the Conference shall pay annual fees (Board of Directors and Athletic Directors) established at the May meeting. The fees shall be payable in the fall of the year. Additional fees may be voted by the Board of Directors. *(Amended February 16, 2005)*

Article VIII
Enabling Act

Section 1

This document will be known as the Southeastern Conference Constitution. *(Amended March 17, 1993)*

Section 2

At each printed revision, the revision date will be designated and all previous amendment dates deleted. Only the latest amendment date will be included.

Section 3

This constitution allows for the establishment of by-laws. *(Amended March 17, 1993)*

Southeastern Conference By-Laws

(Revised Fall of 2000)

Article I

Name

The name of this document is the "Southeastern Conference By-Laws."

Article II

Membership

Section 1

Guidelines for consideration when evaluating a prospective member shall include: safety standards, facilities, sports sponsored, personnel, enrollment, travel distance, student activities and philosophy. *(Article II - Section 3) (Amended March 19, 1997)*

Section 2

At the time of acceptance of a new member school, the year of entry and initial participation will also be determined. (*Amended February 16, 2005)*

Section 3

After admission to the Conference and prior to full membership, schools will be assessed fees to cover the cost of those activities in which the new school participates. *(Article II, Section 3.2 and Article VII) (Amended January 19, 2000)*

Article III

Governmental Procedures

Section 1

The Board of Directors must approve all functions of the Conference before they are recognized as Conference activities.

Section 2

Duties of administrative officers shall include the following:

2.1 President's duties *(Amended December 14, 2005):*

a. Call meetings and inform member schools at least ten days in advance
b. Conduct meetings under parliamentary law
c. Represent the Conference at special events
d. Appoint committees
e. Each May based upon the recommendation of the Athletic Directors appoint one Athletic Director to serve as chairperson and another to serve as secretary for the Athletic Directors for the following school year. *(Amended January 17, 2007)*
f. Perform such other duties as assigned by the Board of Directors

2.2 President-Elect to *(Amended January 17, 2007)*:

a. Act as president in the absence of the president
b. Chair a committee to review and evaluate the Constitution and By-Laws.
c. Perform such other duties as assigned by the Board of Directors.

Section 3 – Recorder *(Amended January 17, 2007)*
The Board of Directors will appoint a Conference Recorder to *(Amended December 14, 2005)*:

3.1 Act as treasurer for both the Board of Directors and Athletic Directors

a. Collect and disperse funds
b. Maintain the Southeastern Conference checking account as designated by the Board of Directors
c. Supply each school with copies of the financial report monthly

3.2 Act as Board of Director's secretary:

a. Keep accurate minutes of monthly meetings
b. Supply each school with copies of minutes monthly.

3.3 The stipend for this position will be established annually at the preceding May meeting

Article IV

General Athletic Regulations

Section 1 – Scheduling – (*Amended June 4, 2003)*

1.1 The Athletic Directors are responsible for developing schedules for all SEC approved sports.

1.2 The schedules must be developed in two-year cycles (2004-2006, 2006-2008, etc.) At least by the January Board of Directors meeting of the year prior to the beginning of the two-year cycle.

1.3 All schedules must be approved by the Board of Directors with the following guidelines. Game time and sub varsity competition schedules will be presented as part of the schedule.

a. Schedules that replicate previous schedule may be approved at the meeting they are presented.
b. Schedules that pose any change in format (i.e. - number of contests, number of cross-over games, type of tournament or other multi-team competition, etc.) may be approved at any regular monthly meeting following the initial presentation.

1.4 Any deviation from league established starting times may be made for just cause and legitimate reasons by mutual agreement of the schools involved. Schools are to inform other league schools for purposes of informing scouts.

a. Contests scheduled on religious holidays, during school vacations or other dates not allowed by local policy must be rescheduled, if requested. The date and time of the rescheduled contest is by mutual agreement of the involved schools.

*These contests should be rescheduled as near the original date as possible and such changes should be done at least a year in advance. In the event that the calendar is adopted or policy changed in less than one year, then the schedule change should be made as soon as possible after the conflict is created. All other conference schools are to be informed and should note the change on their copy of the master schedule.

b. Occasionally, schools desire to reschedule a contest for a local conflict which is not avoidable. Such changes may only be made by mutual agreement of the involved schools.

*These contests should be rescheduled as near the original date as possible and such changes should be done at least a year in advance or as soon as possible after the conflict is created. All other conference schools are to be informed and should note the change on their copy of the master schedule.

1.6 Out of courtesy, it is recommended that schools give each other as much advance notice as possible when canceling an event. Respective administrative decisions will be honored.
*(*Amended January20, 1998)*

1.7 In the event a school cancels a program for budget or other reasons, all other schools scheduled are to be notified immediately.

1.8 Once a two-year schedule is approved in a sport by the Board of Directors, it should be followed. Changing a schedule once approved will require a two-thirds majority vote of all member schools.

Section 2 - Team Awards for Conference Championships:

2.1 No trophies will be awarded for conference championships. A school may not purchase their own trophy since there are no Conference trophies. (*Amended January 19, 2000*)

2.2 The members of each championship team in each Conference sport will be awarded certificates. The number is limited to letter winners only and not to exceed the State recommended number. *(Amended October 25, 2000)*

2.3 In each sport an All-Academic Team will be recognized and receive certificates. All-Academic status will be granted to all Senior, varsity team members who have completed the season in good standing with a cumulative GPA of 3.25 or higher *(on a 4.00 scale). (Amended October 25, 2000)*

2.4 In each sport Sportsmanship awards may be presented. Recipients will be selected by head coaches identifying up to one athlete from each varsity team who meets the following criteria: *(Amended October 20, 2004)*

a. Demonstrates respect for opponents
b. Respects officials and decisions made by officials during the contest
c. Maintains self-control in the face of difficulties which face athletes
d. Encourages others to be good sports
e. Recognizes and acknowledges good performances by opponents
f. Treats others as they would like to be treated
g. Qualities of behavior are characterized by generosity and genuine concern for others *(Amended October 25, 2000)*

2.5 No team awards will be given for any SEC competition except those authorized by this section. *(Amended May 18, 1994)*

Section 3 - All-Sports Trophy

There will be no all-sports trophies. *(Amended January 19, 2000)*

Section 4 - Each School

4.1 Can issue Conference Supplied pass to:

a. Fifty (50) adults for permanent use *(Amended October 1997)*
b. A reasonable number of temporary users
c. Issue unlimited Conference Senior Citizen passes
d. Lifetime Athletic and activity passes with consent of the Board of Directors

4.2 Will admit free:

a. Uniformed bandsman performing by invitation
b. Uniformed cheerleaders
c. Bus drivers of participants with proper school ID *(Amended October 20, 2004)*

4.3 Will fix its own admission fees and make mutual arrangements as to advance sale of admissions.

4.4 Will prohibit bands from performing at basketball games during actual playing time.

Section 5

Games or meets scheduled when a school is on strike: Should a contest not be played due to one of the schools being on strike during the scheduled date, the contest will not be rescheduled and the striking school shall forfeit the contest. *(Amended October 17, 1979)*

Section 6 - Conference Meets *(Amended January 17, 2007)*

Rotation

6.1 Conference meets will rotate each year alphabetically alternating divisions. *(Amended October 25, 2000)*

6.2 Should a school be unable to hold a Conference meet in their normal turn, or it is physically impossible to hold the meet at that school, they may:

a. Host the Conference meet, using another school's facility

b. Ask the Board of Directors to skip their turn in rotation, going on to the next school in line

Fees (*Amended October 16, 2007)*

6.3 Admission fees to be set by the host school with prior athletic director approval.

6.4 All meet expenses to be covered by gate receipts.

6.5 The host school is required to submit a financial report to the athletic directors at their next monthly meeting.

6.6 Any financial losses may be submitted to the athletic directors for possible reimbursement.

6.7 Any financial profit may be retained by the host school.

Section 7 - Conference Sports

7.1 To add any new Conference sport, more than one-half (1/2) of the school s in the Conference must have a bona fide team and be approved by a majority vote of the Board of Directors. There shall be a reasonable amount of time involved so schedules may be drawn up for the Conference meets. *(Amended April 18, 1984)*

7.2 When the Conference offers a sport all Conference members who have a bona fide MHSAA team must compete in their division. *(Amended February 16, 2000)*

7.3 When 7 or more member schools sponsor a sport, the Board of Directors upon recommendation of the Athletic Directors must decide from the following: (*Amended October 16, 2007)*

a. Sponsor the sport in two divisions only if three schools in each division sponsor the sport

b. Sponsor the sport in only one division. Schools in the other divisions may choose to join

c. Not sponsor the sport at all *(Amended September 16, 2009)*

Section 8 - Officials

8.1 Staff members of Conference schools shall not officiate varsity league contests in football, basketball, baseball, volleyball, softball and wrestling. Staff members of Conference schools many not start track meets in which their own school is involved. Staff members of Conference schools should not officiate junior varsity or Freshmen games in which their own school is involved. (*Amended October 20, 2004)*

8.2 Upon verbal agreement between the competing schools' athletic directors the above rule (8.1) may be waived. *(Amended September 16, 2009)*

Section 9 - Protests

9.1 Protests are generally not acceptable, and every effort to settle the protest on the playing field or floor should be made. If a school does protest, it must be in writing to the League President's school Athletic Director within three (3) school days of the contest. *(Amended March 17, 1993)*

9.2 Protest will be considered by the Athletic Directors when an official blatantly denies application of a rule as pointed out to him/her by the coach, or there is an alleged violation of either the Southeastern Conference By-Laws or MHSAA regulation. Afterthoughts are not grounds for protest. *(Amended March 17, 1993)*

9.3 The Athletic Directors shall then hold a special meeting within five (5) school days of receipt of the protest. Any other parties who can help decide the outcome may also be invited. Schools directly involved shall have no vote as to the protest. Should the Athletic Directors voting be unanimous that the protest not be accepted, it shall be denied. However, should one or more feel there is sufficient grounds, the protest shall then be forwarded to the Board of Directors for a final vote. Again, the school involved shall not have a vote, and it shall take a majority vote of those voting to uphold the protest.

9.4 The decision of the Athletic Directors, should be forwarded to the Board of Directors. The Board of Directors decision shall be final.

Section 10 – Supervision of Events (*Amended May 21, 2008)*

10.1 In general the home team administration is responsible for providing adequate administrative supervision at all events.

10.2 For varsity football the visiting team must be represented by a minimum of one administrator to supervise the visiting team spectators and assist the home team administration in the event of any problems.

10.3 For all other events, the visiting administration need not regularly provide supervision. However, whenever the home team feels a need for visiting team administrative supervision, the home team administration may request it and the visiting team must provide such administrative supervision. Such requests should be made sufficiently in advance for the visiting administration to arrange for such supervision.

Section 11- Southeastern Conference Sportsmanship Position

The Southeastern Conference stands unified and together on this crucial issue. As the education leaders of our school community, we wish our expectations be made known to all coaches, players and fans. "Excellence in Sportsmanship" on and off the field of competition is as important as "Excellence in the Classroom." The values and benefits of extra-curricular activities are too numerous to mention, and are too valuable to be placed in jeopardy by the inconsiderate actions of a few.

By working together, school administrators, coaches, athletes and fans can promote a true appreciation of sports, inspire fair play, and demonstrate a respect for the integrity and competitive spirit of interscholastic athletics. We will not allow the actions of a few individuals to detract from the true purpose of interscholastic competition.

Working together we, the Southeastern Conference, can establish consistency from school to school. Together, we can draw on the strengths and convictions of each other. The students, coaches, players and fans of all league schools will discover that no matter where they are, that "Excellence in Sportsmanship – That's Our Style!" is not only the "theme," but a way of life in the Southeastern Conference.

The Southeastern Conference wishes to declare that "Excellence in Sportsmanship – That's Our Style!" means:

1. Cheers and signs are to be positive and respectful.

2. Opponents and officials will be treated with courtesy and respect.

3. The throwing of objects or the use of noisemakers will not be tolerated.

4. We will be supportive in our comments and cheer the good play of all participants.
   (Amended September 16, 2009)

Article V

Sports Specific Regulations

Section 1 - Baseball and Softball *(Reorganized and revised on May 16, 2001)*

Article I Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

Uniforms

1.2 Home: MHSAA Regulations
Away: MHSAA Regulations

1.3 Schedule Format – as adopted with schedule (Amended June 4, 2003)

1.4 Right to the Field - Shall belong to the home team, except - that fifteen (15) minutes before game time, the visiting team may hold a ten (10) minute infield practice.

1.5 Suspended, tied or unfinished second games will be made up. When a game is suspended or delayed and a winner has not been determined, the game will resume at the point of interruption. *(Amended June 16, 2010)*

1.6 Out of general courtesy, it is recommended that schools give each as much advance notice as possible when canceling an event. Respective administrative decisions will be honored. *(Amended December 19, 2001)*

1.7 Softball: At the beginning of the 9th inning, the International Tie-breaker Rule will be used in all SEC contests. (*Amended April 21, 2010)*

Article II - Conference Meet Regulations/Format

2.1 Omitted. *(Amended September 16, 2009)*

Article III - Final Conference Standings in Each Division

3.1 Each in-division doubleheader the winning team shall receive 2 points. In cross-over doubleheaders the first game counts toward the standings with the winning team receiving 2 points. *(Amended June 16, 2010)*

Article IV - All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention in each division. *(Amended September 16, 2009)*

a. The Conference will have an All-Conference team of 13 members in each division and Honorable Mention. *(Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. *(Amended September 16, 2009)*

4.2 All Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:

1st place	7 each
2nd place	6 each
3rd place	5 each
4th place	4 each
5th place	3 each
6th place	2 each *(Amended September 16, 2009)*

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009)*

c. Coaches will rank the top 13 opponents' players in their division with the top player receiving 13 points, the second receiving 12 points, etc. (*Amended September 16, 2009)*

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one (1) vote. (*Amended September 16, 2009)*

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

g. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. *(Amended November 14, 2007)*

Section 2 - Basketball *(Reorganized and revised on October 25, 2000)*

Article I Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Home: Light
Away: Dark

1.3 Schedule Format - as adopted with schedule (*Amended June 4, 2003*)

1.4 High School: 8 minute quarters
Middle School: 6 minute quarters

Article II - Conference Meet Regulations/Format

2.1 No conference meet

Article III - Final Conference Standings in Each Division

3.1 Standings will be determined by win/loss record of games established by the conference schedule. *(Amended November 17, 2004)*

Article IV - All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention. (*Amended September 16, 2009)*

a. The Conference will have an All-Conference Team of 8 members in each division and Honorable Mention. (*Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (*Amended September 16, 2009)*

4.2 All Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:

1st and 2nd place	4 each
3rd and 4th place	3 each
5th place	2 each
6th place	1 each (*Amended September 16, 2009)*

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009)*

c. Coaches will rank the top 8 players in their division with the top player receiving 8 points, and the 2nd receiving 7 points, etc. (*Amended September 16, 2009)*

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one (1) vote. (*Amended September 16, 2009)*

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

a. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

b. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. *(Amended November 14, 2007)*

Section 3 – Bowling *(Amended October 16, 2007)*

Article I Regulations

1.1 Starting Times: Meets will begin with warm-ups at 3:30 and scoring at 3:45 with 7 ½ minutes on each lane for each team. (*Amended February 16, 2011)*

1.2 Schedule Format - as adopted with schedule

1.3 Uniform to follow the MHSAA Rules and Guidelines. (*Amended February 16, 2011)*

Article II - Conference Meet Regulations/Format

There will be a post-season tournament. The post-season tournament should be hosted at a neutral site whenever possible. (*Amended September 16, 2009)*

2.1 Format will be 2-Baker games, with alternating lanes, followed by 2 regular games, in the regular games there will be 4 points awarded to the team with the highest score and 1 point awarded to each player who wins their match, then 2 points for the team that wins total pinfall. There are 30 points to be won in a meet with the final outcome of <u>one point</u> for the standings awarded to the team that wins the majority of the 30 points. Total pinfall will be the tiebreaker. If still tied a 9th & 10th frame roll-off until there is no tie will be used. (*Amended February 16, 2011)*

2.2 This is a match point league. Rule 100k in the USBC Rule book will be used. The rule states: "A match point league is one in which team position standings include individual match points. Match point leagues must follow these rules, unless the league has adopted a different procedure. The team scheduled on the odd lane enters its lineup first." (*Amended February 16, 2011)*

2.3 The SEC is a scratch league. There is no handicap involved. (*Amended February 16, 2011)*

2.4 Ties in the final score will be broken by using total pins in all regular games and Baker games of all 5 competing bowlers for each team. (*Amended February 16, 2011)*

2.5 There will be a post-season tournament. The post-season tournament should be hosted at a neutral site whenever possible. All teams will be responsible for their lineage at the post-season tournament and will need to pay that day. (*Amended February 16, 2011)*

Article III - Final Conference Standings in Each Division

3.1 The final standings will be determined in the following manner:

- 2 points for each team your school beats at the post-season tournament (*Amended September 16, 2009)*
- 2 points for each dual meet win

The team in each division with the greatest number of points is the conference champion. In the event that two schools are tied, there will be a co-championship.

Article IV - All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention. (*Amended September 16, 2009)*

a. The Conference will have an All-Conference Team of 6 members and Honorable Mention.

(*Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (*Amended September 16, 2009)*

4.2 a. The All-Conference team will consist of the top six players in the Conference. To be considered, an athlete must participate in 80% of League competitions and the post-season tournament. Using the average of all matches in which the athlete competed, the top six will be All-Conference. In the event of a tie, the highest single game in any SEC event will be the tie breaker; if still tied, use the second highest game, etc. (*Amended January 14, 2009)*

b. A player who was tied for the last position but lost on the tie breaker will be Honorable Mention. In addition, each schools' coach may designate one of his/her players to the Honorable Mention list. *(Amended June 18, 2008)*

c. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

d. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

Section 4 - Cross Country *(Reorganized and revised on October 25, 2000)*

Article I Regulations

1.1 Starting Times – as adopted with schedule

1.2 Schedule format – as adopted with schedule

1.3 In Jamboree I and II each school can run ten (10) athletes. The top seven (7) finishers from each team would affect scoring and only the five (5) from each team would actually score. In Jamboree III each school can run seven (7) athletes. (*Amended June 16, 2010)*

Article II - Conference Meet Regulations/Format

2.1 Jamboree III serves as the conference meet. *(Amended October 20, 2004)*

Article III - Final Conference Standings in Each Division Article

3.1 Jamboree I one point for each team you beat
Jamboree II two points for each team you beat (in each division)
Jamboree III three points for each team you beat (in each division)
(Amended October 16, 2007)

3.2 Final standings determined by total points earned in three Jamborees.

Article IV - All-Conference Team Selection in Each Division

4.1 All-Conference determined by top 12 runners in Jamboree III with positions one through twelve being first team and positions 13 through 18 being honorable mention. (*Amended September 16, 2009)*

Section 5 - Football *(Reorganized and revised on October 25, 2000)*

Article I Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Home: Dark
Away: Light

1.3 Schedule Format – as adopted with schedule (*Amended June 4, 2003*)

1.4 High School: 12 minute quarters
Middle School: 8 minute quarters

1.5 There is to be no advanced scouting from the press box.

1.6 Game films/Video exchange: It is required that competing schools exchange the film/video of the two weeks' previous contests/scrimmages. The actual exchange will occur the week prior to the game at the bench of the home team during pre-game warm-up (advanced scouts will make the exchange). (*Amended January 20, 2010)*

1.7 There is to be NO video/film exchange with schools outside the conference. Film/video exchanges with non-league opponents in weeks 1 or 9 are allowed. During the MHSAA playoffs, the only film/video that may be exchanged is by play-off participating teams as required by MHSAA regulation. (*Amended January 20, 2010)*

1.8 There are to be no tunnels formed or banners on the field at away contests.

1.9 Prior to the start of a varsity football game, both teams will complete their warm-ups and leave the field 20 minutes (6:40 PM) prior to kick-off. Both teams on field five minutes before kick-off 6:55 PM for playing of the National Anthem. (*Amended June 16, 2010)*

Article II - Conference Meet Regulations/Format

2.1 No conference meet.

Article III - Final Conference Standings in Each Division

3.1 All SEC scheduled contests will count in final standings. (*Amended January 20, 2010)*

Article III - All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention.
(*Amended September 16, 2009)*

a. The Conference will have an All-Conference Team of 28 members (Offense: 4 Backs, 5 Linemen, 3 Receiving, 2 At-Large and 1 Punter; Defense: 4 Backs, 4 Linemen, 4 Linebackers, 2 At-Large, and1 Place Kicker) in division and Honorable Mention.
(*Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate.
Honorable Mention athletes will receive a certificate.
(*Amended September 16, 2009)*

4.2 All-Conference teams shall be selected by the following methods:

a. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. *(Amended November 14, 2007)*

b. Coaches may nominate the following number of candidates for both offense and defense based on their league standing:

1st place - 8 each
2nd place - 6 each
3rd and 4th place - 4 each
5th place - 3 each
6th place - 2 each (*Amended September 16, 2009)*

c. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009)*

d. Coaches will rank the top 4 opponents' backs with the top player receiving 4 points, the second receiving 3 points etc. They will continue the pattern with each group as defined in 4.1 above. At-Large players will be voted upon after all other offensive and defensive players have been selected. The coaches will then vote 2 points for the best player and 1 point for the remaining position in each division. (*Amended September 16, 2009)*

e. Ties for the last position on the team shall be broken by each school not involved in the tie casting one vote. (*Amended September 16, 2009)*

f. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

g. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

Section 6 - Golf *(Reorganized and Revised May 16, 2001)*

Article I Regulations

1.1 Starting Times – as adopted with schedule. (*Amended June 4, 2003*)

1.2 Uniform to follow MHSAA Regulations.

1.3 Schedule Format – as adopted with schedule. (*Amended June 4, 2003*)

1.4 Varsity matches consist of six (6) golfers scoring best four (4). *(Amended December 19, 2001)*

1.5 Coaches must communicate in advance to maximize the number of JV participants based upon tee times available and number of JV players each team has.

Article II - Conference Tournament Regulations

2.1 The post season league tournament may be held at the host school's home course, however, a neutral site is preferable. *(Amended February 16, 2005)*

Article III - Final Conference Standings in EACH Division

3.1 The final standings will be determined in the following manner:

- 2 points for each team your school beats at each tri, quad or dual match (*Amended September 16, 2009)*
- 4 points for each team your school beats in your own division at the final conference tournament (18 holes) (*Amended September 16, 2009)*

The team in each division with the greatest number of points is the conference champion. In the event that two schools are tied, there will be a co-championship. *(Amended February 16, 2005)*

Article IV - All-Conference Team Selection in EACH Division

4.1 Each division will have an all-conference team of 8 members. (*Amended September 16, 2009)*

4.2 The All-Conference team will consist of eight players in each division. To be nominated, the player must compete in 7 of 8 league matches including all in-division matches, and the post-season tournament. The following system will be used:

For EACH division, determine the number of strokes over par the player shot in quad competition. Determine the number of strokes over par the player shot in the league tournament. Add those together and divide that number by the number of **nines** in which the player participated, including the two nines played at the conference tournament (either 5 or 6). This determines the player's stroke over par average in divisional play for the season. The six players with the lowest average will determine the All-League Team. (*Amended September 16, 2009)*

Request for considering extenuating circumstances by approval of all coaches.

4.3 In the event of a tie for the 6th player, the players' average strokes over par in crossover dual competition will be used. *(Amended February 16, 2005)*

4.4 If a second tie-breaker is necessary, the player's *total stroke* average in all-league play will be used. *(Amended February 16, 2005)*

Article V - Medalist and Runner-Up in Each Division

At the conference tournament, the medalist and runner up in each division will receive medals. In the event of a tie in either place, the tournament manager will conduct a sudden victory play-off to determine one medalist and one runner-up in each division *(Amended February 16, 2005)*

Section 7 – Ice Hockey *(Amended October 20, 2004)*

Article I Regulations

1.1 Starting Times – No league games may be schedule to start after 8:00 p.m. (*Amended January 20, 2010).*

1.2 Home: Light
Away: Dark

1.3 Schedule Format – as adopted with schedule.

1.4 High School: 17-minute periods. 8-minute overtime. (*Amended January 20, 2010)*

1.5 The home team must provide:
- 20 pucks
- Standardized Scoring Sheet
- Supervisor

1.6 Visiting school must provide a supervisor if requested by home school.

Article II - Conference Meet Regulations/Format

2.1 No conference tournament *(Amended October 20, 2004)*

Article III - Final Conference Standings in each Division

3.1 Standings will be determined by the win/loss record of games established by the conference schedule. (Two points for win, one point for tie and zero for a loss.) *(Amended November 17, 2004)*

Article IV - All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention. (*Amended September 16, 2009)*

a. The Conference will have an All-Conference Team of 7 members and Honorable Mention. (*Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (*Amended September 16, 2009)*

4.2 All Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:
1st + 2nd place 6 each
3rd + 4th place 4 each
5th place 3 each *(Amended October 16, 2007)*

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009)*

c. Coaches will rank the top 7 opponents' players in their division with the top player receiving 7 points. One or more of the 7 players selected to the All-Conference team must be a goalie. (*Amended January 20, 2010)*

d. Ties for the last position on the team shall be broken by each school not involved in the tie casting one vote. (*Amended September 16, 2009)*

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

g. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. *(Amended November 14, 2007)*

Section 8 – Lacrosse *(Added September 16, 2009)*

Article I- Regulations

1.1 Starting Times – as adopted with schedule

1.2 Home – Light
Away – Dark

1.3 Schedule Format – as adopted with schedule

1.4 High School: 12-minute periods (Varsity)
10- minute periods (JV)
Halftime: 10 minutes
Overtime: 4-minute periods (2 minutes in between periods)
Game is over once a goal is scored

1.5 The home team must provide:

a. Properly marked playing surface

a. Game Balls (20 total)

b. Scorers table with game clock and horn

Article II – Conference Meet Regulations/Format:

2.1 No Conference Tournament

Article III – Final Conference Standings in Each Division

3.1 The win/loss record of games established by the Conference schedule will determine standings. (Two points for win, one point for tie, and zero for a loss.)

Article IV- All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention

a. The Conference will have an All-Conference Team of 12 members and Honorable Mention

b. All-Conference team members will receive a medal and a certificate

c. Honorable Mention athletes will receive a certificate

4.2 All-Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:
- 1st & 2nd place = 6 each
- 3rd & 4th place = 4 each
- 5th place = 3 each
- 6th place = 2 each

b. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the Honorable Mention list.

c. Coaches will rank the top12 opponents' players in their division with the top player receiving 12 points, the second receiving 11 points, etc.

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote.

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed.

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only.

g. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting.

Section 9 - Soccer *(Reorganized and revised on October 25, 2000)*

Article 1 – Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Jersey Color: Home – White
Away – Dark

1.3 Schedule Format – as adopted with schedule (*Amended June 4, 2003*)

1.4 The home team must provide:
- 2 Balls Handlers
- Official Scoring Table
- Standardized Scoring Sheet

1.5 Any game ending in a tie at the end of regulation play will remain tied. (*Amended October 13, 2010*)

Article II - Conference Meet Regulations/Format

2.1 No conference tournament *(Amended October 20, 2004)*

Article III - Final Conference Standings in each Division

3.1 Standings will be determined by win/loss record of games established by the conference schedule with teams earning three (3) points for a win and one (1) point for a tie or game not played. *(Amended November 17, 2004)*

Article IV - All-Conference Team Selection in Each Division

4.1 The Conference will recognize All-Conference and Honorable Mention. (*Amended September 16, 2009)*

a. The Conference will have an All-Conference Team of 14 members and Honorable Mention in each division. (*Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (*Amended September 16, 2009)*

4.2 All-Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:

1st place	8 each
2nd place	6 each
3rd place	4 each
4th place	4 each
5th place	3 each
6th place	2 each (*Amended September 16, 2009)*

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009)*

c. Coaches will rank the top 14 opponents' players in their division with the top player receiving 14 points, the second receiving 13 points, etc. (*Amended December 15, 2010)*

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote. (*Amended September 16, 2009)*

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

g. Coaches to meet within one week of the end of the season as set at the pre-season coaches

meeting. *(Amended November 14, 2007)*

Section 10 - Swimming *(Reorganized and revised on October 25, 2000)*

Article 1 - Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Uniform to follow MHSAA regulations.

1.3 Schedule Format – as adopted with schedule (*Amended June 4, 2003*)

Article II - Conference Meet Regulations/Format

2.1 The In-Division Conference meets are to be held two weeks prior to the State meet - Friday-Saturday with 12:00 start each day. SEC meet entries are due the Monday before the meet by 9:00 AM to the meet manager. (*Amended September 16, 2009)*

2.2 Diving *(Amended December 14, 2005)*

a. All divers will compete in preliminaries and semifinals for a total of eight (8) dives on Friday.

b. Divers will be cut to sixteen (16) for the finals on Saturday.

2.3 Unlimited entries in prelims.

2.4 Meet will use 16-place scoring when six teams and 12-place scoring when nine teams (*Amended September 16, 2009)*

Relays: Score A and B relay teams *(no B relay will score ahead of an A relay).*

Individuals: Score the top 4 individuals in each event from each team.

2.5 Meet will swim as follows:
Prelims will be seeded according to National Federation Rules based on best times. Finals will be seeded as follows:

Relays: Two heats of relays will swim with each team's A and B relays based on prelim time and the last two lanes be filled with the next two fastest C or D relays teams. A swimmer in a lower relay can be moved to the "A" relay, for the purpose of trying to make a state cut (provided that the swimmer has not been on a relay that has been disqualified in the prelims).
(Amended December 14, 2005)

Individuals: There will be three heats swum in the finals. Two of the heats will consist of only those 4 individuals from each team that are scoring, with the top 8 in the finals and the next 8 in the consolations all based on time. The bonus heat will consist of the fastest 8 who cannot score *(allows individual a second chance to make State cut off)*. The order of heats for each event will be Bonus, Consolations, and Finals.

Article III - Final Conference Standings in Each Division

3.1 In the dual and tri-meet season each team shall receive 2 points for a win, and 1 point for a tie. In the in-division conference meets, every team shall receive 2 points for each team it finishes ahead of and 1 point for each team it ties. The team with the most total points shall be declared the champion (of the division). (*Amended September 16, 2009)*

Article IV - All-Conference Team Selection in each Division

4.1 Top 3 individual finishers and top 1 relay team in each division at the Conference meet will earn All-Conference honors. *(Amended October 16, 2007)*

Section 11 - Tennis *(Reorganized and revised on October 25, 2000)*

Article 1 - Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Uniform to follow MHSAA Regulations

1.3 Schedule Format – as adopted with schedule (*Amended June 4, 2003)*

1.4 Four singles and four doubles in all matches. *(Amended October 20, 2004)*

Article II - Conference Meet Regulations/Format

2.1 Starting Time - 9:00 AM

2.2 Each division will play a tournament with round-robin format. The White Division will play a five team single elimination tournament and the Red Division will play a six team single elimination tournament. (*Amended August 17, 2011*)

Group standings by flight determined in order by:
a. Matches won
b. Fewest games lost
c. If still tied, then Co-Champs
(Amended October 20, 2004)

2.4 20-minute rest following two-set matches and
30-minute rest following three-set matches
(Amended October 20, 2004)

Article III - Final Conference Standings in Each Division

3.1 Each win in the dual meet season shall receive two points for a win, one for a tie. In the conference meet, (the overall champion of the day), the winner of the red division receives 10 points, Second – 8 points, Third – 6 points, Fourth – 4 points, and Fifth – 2 points. The winner of the white division gets 8 points, Second – 6 points, Third- 4 points, and fourth is 2 points. In the event of a tie, winner will be determined by dual match record, if still tied, CO-CHAMPS!
(*Amended September 16, 2009)*

The team with the most total points shall be declared the Conference champion.

Article IV - All-Conference Team Selection

4.1 In each flight in each division of the conference meet the top two finishers if four or more teams and the top one finisher if three teams will earn All-Conference honors.
(Amended November 17, 2004 – effective in 2005-2006 school year)

Section 12 - Track *(Reorganized and revised on May 16, 2001)*

Article 1 - Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Uniform to follow MHSAA regulations.

1.3 Schedule Format – as adopted with schedule (*Amended June 4, 2003*)

1.4. Dual Meets: (*Amended December 15, 2010*)

a. Long jump, shot and discus allow 4 attempts only - no finals

b. Minimum starting heights: Pole Vault = 7' girls, 9' boys
High Jump = 4'4" girls, 5' 4"boys
(*Amended August 17, 2011*)

c. Unlimited entries - in lane races, the first heat is the only scoring heat (*Amended September 16, 2009)*

d. Score 3 places - points (5 - 3- 1) relays (5-0); score as "Dual Meets" *(Amended December 15, 2010)*

Article II - Conference Meet Regulations/Format

2.1 There will be a Conference Championship at the end of the season.

a. Boys and Girls will compete at separate sites

b. Red and White Divisions will participate at the same site, but will compete in alternating heats and flights (*Amended September 16, 2009)*

2.2 Entrants: teams may enter a maximum of 3 athletes in individual events and 1 relay team per school. (*Amended September 16, 2009)*

2.3 Scoring: NFHS scoring based on the number of teams per division. (*Amended September 16, 2009)*

2.4 Times: 2:00 pm – Pole Vault
2:30 pm – Other Field Events
3:30 pm – 4x800m Relay
4:00 pm – Semi-Final Heats
6:00 pm – Final Running Events
(Finals start 30 minutes after last semi-final is completed, but no earlier than 6:00pm) *(Amended December 15, 2010)*

2.5 Conference records can only be set at the Conference Championship meet.

2.6 Varsity track coaches shall not be assigned timing or place judging duties in the Conference meet. *(Article IV, Section 1.14)* (*Amended September 16, 2009)*

Article III - Final Conference Standings in Each Division

3.1 Final divisional standings will be determined by totaling points earned through dual meet wins and final place at the Conference Championship Meet.
a. Teams earn 2 points for each dual meet win.
b. Teams earn 3 points for each divisional team they beat in the Conference Championship Meet. (*Amended September 16, 2009)*

Article IV - All-Conference Team Selection in each Division

4.1 Top 3 individual finishers and top 1 relay team in each division at the Conference meet will earn All-Conference honors.

Section 13 - Volleyball *(Reorganized and revised on February 21, 2001)*

Article 1 - Regulations

1.1 Starting Times – as adopted with schedule (*Amended June 4, 2003*)

1.2 Uniform to follow MHSAA Regulations Schedule Format – as adopted with schedule (*Amended June 4, 2003*)

1.3 Schedule Format – as adopted with schedule.

1.4 **Dual Match Scoring** - Varsity matches – best 3 out of 5, rally scoring, games to 25 pts. 15 pts, used in game number 5 only. (*Amended September 16, 2009)*

JV/Freshman matches – best 2 of 3, rally scoring, games to 25 pts, 5th game to 25 pts, 5th game to 25 pts if deciding game. (Coaches we will play 5th game to 15 if **NOT** the deciding game) (*Amended June 16, 2010)*

In Division Jamboree Scoring – best 2 out of 3 games, rally scoring, and games to 25. If the third game is the decider it is played to 15. If the third game is not necessary, it will not be played. *(Amended January 19, 2011)*

Middle School matches - best 2 out of 3 games to 25 pts., rally scoring, play 3 games to 25 regardless of scores. (*Amended September 16, 2009)*

1.5 Warm Up –1st Match – follow state guidelines – 4 minutes (share), 4 minutes (on) and 4 minutes (off), 4 minutes (on), 4 minutes (off). 2nd and 3rd Matches – 2 minutes (on), 2 minutes (off), 1 minute (share). (*Amended June 16, 2010)*

Article II - Conference Meet Regulations/Format

2.1 No conference meet. *(Amended October 16, 2007)*

Article III - Final Conference Standings in Each Division

3.1 Standings will be determined by each team receiving 2 points for dual match victories, and 1 point for each team they beat in the In-Division Jamboree. *(Amended January 19, 2011)*

Article IV - All-Conference Team Selection

4.1 The Conference will recognize All-Conference and Honorable Mention. (*Amended September 16, 2009)*

a. The Conference will have an All-Conference Team of 9 members and Honorable Mention in each division. (*Amended September 16, 2009)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (*Amended September 16, 2009)*

4.2 All Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:

1st place	5 each
2nd place	4 each
3rd and 4th place	3 each
5th place	2 each
6th place	1 each (*Amended September 16, 2009)*

In case of a tie in league standings, both teams get the same number of nominations. (*Amended June 16, 2010)*

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009)*

c. Coaches will rank the top 9 opponents' players in their division with the top player receiving 9 points, the second receiving 8 points, etc. (*Amended December 15, 2010)*

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote. (*Amended September 16, 2009)*

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009)*

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009)*

g. Coaches to meet for All-Conference selection at a date to be determined at the pre-season coaches meeting. (*Amended September 16, 2009)*

Section 14 - Wrestling *(Reorganized and revised on February 21, 2001)*

Article 1 - Regulations

1.1 Starting Times – as adopted with schedule. (*Amended June 4, 2003*)

1.2 Uniform to follow MHSAA Regulations.

1.3 Schedule Format – as adopted with schedule. (*Amended June 4, 2003*)

1.4 Quad meet format:

a. The host school will provide 3 mats: 2 mats for the varsity duals and 1 mat to be used for JB competition (among 4 teams). If a host school cannot provide a 3 mat format, they will work with the other 3 schools to make any necessary schedule adjustments to alter the JB competition only. (*Amended September 16, 2009)*

1.5 Weigh-ins for all regular season league matches will be on-site shoulder-to-shoulder weigh-ins which will be conducted 60 minutes prior to the match. *(Amended December 15, 2010)*

Article II - Conference Meet Regulations/Format

2.1 Weigh-in at host site. (*Amended September 16, 2009)*

2.2 Each team may enter one wrestler per weight class.

2.3 Seeding meeting - One coach from each school will be the spokesman and designated voter. After the seed meeting, a team may substitute a new wrestler. However, the new wrestler is automatically the lowest seed and bracket place will be adjusted accordingly. After the seeding meeting, no wrestler may be moved to a different weight class. *(Amended December 19, 2007)*

2.4 The meet must begin a maximum of two hours after the weigh-in begins. Wrestling will be continuous until divisional finalists are determined. A short break will take place to set up for crossover finals. *(Amended December 14, 2005)*

2.5 Format - As approved by Athletic Directors. *(Amended December 14, 2005)*

2.6 Criteria for deciding ties in a weight class: Tiebreaker rules will follow MHSAA rules. *(Amended December 14, 2005)*

2.7 Scoring of a 16-man bracketed tournament for weight class champions and team champions.

Scoring System

Tournament
Fall - 2pts
Default - 2pts
Forfeit - 2pts
Disqualification - 2pts

Advancement
Championship Bracket - 2pts
Consolation Bracket - 1pt
Technical Fall - 1.5pts
Major Decision (8-14) - 1pt

Bye Followed by a win:
Championship Bracket - 2pts
Consolation Bracket - 1pt

Tournament Team Scoring
Four Places
1. 14pts

2. 10pts
3. 7pts
4. 4pts
(Amended December 15, 2010)

Article III - Final Conference Standings in Each Division

3.1 Each win in and out of Division shall receive 2 points. All ties in dual meets shall be decided by the MHSAA tie-breaker (See 3.2). In the Conference meet, every team shall receive 2 points for each team it finishes ahead of and 1 point for each time it ties in your own division. The team with the most total points shall be declared the division champion. (*Amended September 16, 2009)*

3.2 MHSAA Tiebreaker
Team tournament - (The NF tiebreaker is not adopted for MHSAA events.)
The team to advance to the next level of competition in the event of a tie shall be:

1. The team (individual on the team) whose opponent has been penalized the greater number of times for unsportsmanlike conduct.
2. The team that has accumulated the greater number of victories.
3. The team that has accumulated the greater number of falls.
4. The team that has accumulated the greater number of technical falls.
5. The team that has accumulated the greater number of major decisions.
6. The team that has accumulated the greater number of total match points.
7. The team that has accumulated the greater number of near-fall points.
8. The team that has accumulated the greater number of take-downs.
9. The team that has accumulated the greater number of reversals.
10. The team that has accumulated the lesser number of team penalties.
11. If a tie remains, the official shall, with the captain from each squad, meet in the center of the mat to decide the team to advance by flipping his colored disc and letting it fall to the mat. Green shall represent the home team.

** A default or forfeit shall count as a fall, that is a win.*

Article IV - All-Conference Team Selection

4.1 Top 4 place winners in each weight class at the SEC tournament receive medals and certificates. *(Amended December 15, 2010)*

Article VI

Non-Athletic Activity Regulations

Section 1 - All-Academic Award

1.1 Preamble

The member schools of the Southeastern Conference are sponsoring the Southeastern Conference All-Academic Award. The purpose of the All-Academic Award is to recognize the academic accomplishments of our high school seniors, students whose academic accomplishments often go unrecognized. Though we realize many other seniors deserve recognition for leadership and community activities, this program focuses only on academic achievement.

1.2 Guidelines

Each year, each member school of the Southeastern Conference shall select five seniors to receive the Conference All-Academic Award. Selection will be determined by using the formula established to identify the Free Press All-State Academic Team (Currently this includes a GPA based upon only English, Math, Science, Social Studies, and Foreign Language classes where an A=4.0, B=3.0, etc. and all +'s and –'s are ignored. This GPA is multiplied by 250 and the results added to the student's ACT composite multiplied by 27.778 or SAT score divided by 1.6). In the event of identical scores, each principal shall choose the student or students based on extracurricular activities and leadership qualities.
(Amended January 17, 2007)

1.3 Procedures

a. The five students per school will all be recognized as members of the SEC All-Academic Team with all receiving equal recognition.

b. Each member school will supply the league president with a nomination list and program information by February. *(Amended February 16, 2005)*

c. The All-Academic Award list will be compiled by the league president and submitted to the league principals by the March league meeting.

d. Local papers will be notified by the respective school principals for publication the week of the awards banquet. *(Amended February 16, 2005)*

e. The All-Academic Award recipients will be honored at a spring luncheon given in their honor by the Southeastern Conference Principals. League dues will be assessed to pay for the banquet. Award winners will be announced and presented by each school's principal. The conference president will give the certificates. Each principal will identify no more than five items of recognition ***plus*** the college the student plans to attend for the program. Seating will be such that students and principals are mixed with several different schools. Arrangements will be made to photograph each school's recipients. *(Amended February 16, 2005)*

Article VII
Amendments

Proposed amendments shall be submitted to the Board of Directors at a regularly-scheduled meeting and will not be considered until the next regularly-scheduled meeting, however, by unanimous vote of the Board of Directors on amendment may be acted upon immediately. *(Amended October 25, 2000)*